

## Main Prizes

Men	1st	Daniel Baker	Women	1st	Charlie Metcalfe
	2nd	Ben Pitman		2nd	Trish Train
	3rd	Cole Pearce		3rd	Rosanna Sexton

## Age Category Prizes

Men	V40	1st	Stuart Backhouse	Women	V35	1st	Charlie Metcalfe
		2nd	Simon Randall			2nd	Jodie Willmott
		3rd	Richard Harvey			3rd	Nicola Thomas
	V50	1st	Trevor Hillier		V45	1st	Trish Train
		2nd	Stephen Rumsey			2nd	Julie King
		3rd	Peter Sexton			3rd	Diane Mattingly
	V60	1st	Paul Muffett		V55	1st	Sue Wilkins
		2nd	Nicholas Holmes			2nd	Fay Tosdevin
		3rd	Steve Gratton			3rd	Sue Hunter
	V70	1st	Stephen Lee		V65	1st	Cherry Owens
		2nd	Brian Harris				

## Team Awards

### Ladies Teams

1<sup>st</sup> Ryde Harriers - Charlie Metcalfe, Julie King & Elaine Parry

2<sup>nd</sup> Isle of Wight Road Runners - Trish Train, Jodie Willmott & Zoe Sherwin / Sarah Ward

3<sup>rd</sup> Ryde Harriers - Samantha Fancourt, Lisa Robertson & Claire Angell

### Mens Teams

1<sup>st</sup> Isle of Wight Road Runners - Cole Pearce, Simon Pilcher & Michael Douglas

2<sup>nd</sup> Isle of Wight Road Runners - Stuart Backhouse, Stephen Rumsey & Simon Randall

3<sup>rd</sup> Ryde Harriers - Joe Evans-Murray, Paul Muffett & Richard Melville

## Individual Chip Times

Name	Running Club	Gender	Cat	Result	Pos	Gen Pos	Cat Pos
Daniel Baker	Southampton A.C	M	SENIOR MENS	00:59:56	1	1	1
Ben Pitman	Lordshill Road Runners Club	M	SENIOR MENS	01:00:11	2	2	2
Cole Pearce	Isle Of Wight Road Runners AC	M	SENIOR MENS	01:04:01	3	3	3
Joe Evans-Murray	Ryde Harriers	M	SENIOR MENS	01:04:10	4	4	4
Simon Pilcher	Isle Of Wight Road Runners AC	M	SENIOR MENS	01:04:59	5	5	5
Trevor Hillier	Itchen Spitfires Running Club	M	VET 50 MENS	01:05:00	6	6	1
Nick Masters		M	SENIOR MENS	01:05:55	7	7	6
Michael Douglas	Isle Of Wight Road Runners AC	M	SENIOR MENS	01:06:04	8	8	7
Stuart Backhouse	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:06:20	9	9	1
Stephen Rumsey	Isle Of Wight Road Runners AC	M	VET 50 MENS	01:08:13	10	10	2
Charlie Metcalfe	Ryde Harriers	F	VET 35 LADIES	01:08:16	11	1	1
Callum Tanner	Hardley Runners	M	SENIOR MENS	01:09:02	12	11	8
Simon Randall	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:09:57	13	12	2
Peter Sexton	Isle Of Wight Road Runners AC	M	VET 50 MENS	01:10:37	14	13	3
Richard Harvey	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:11:07	15	14	3
Paul Muffett	Ryde Harriers	M	VET 60 MENS	01:11:28	16	15	1
Graeme Wood		M	SENIOR MENS	01:11:37	17	16	9
Harry Ellis	Haslemere Border Athletic Club	M	SENIOR MENS	01:11:40	18	17	10
John Rudgard	West Wight Road Runners	M	VET 40 MENS	01:12:03	19	18	4
Matthew Tanner	Hardley Runners	M	VET 50 MENS	01:12:21	20	19	4
Thomas George	Wight Tri	M	SENIOR MENS	01:13:29	21	20	11
Simon Riley	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:14:58	22	21	5
Richard Melville	Ryde Harriers	M	SENIOR MENS	01:15:26	23	22	12
Trish Train	Isle Of Wight Road Runners AC	F	VET 45 LADIES	01:16:09	24	2	1
Harry Rann	Isle Of Wight Road Runners AC	M	SENIOR MENS	01:16:47	25	23	13
Nicholas Holmes	Fleet & Crookham AC	M	VET 60 MENS	01:17:23	26	24	2
Michael Hassan-Green		M	SENIOR MENS	01:17:32	27	25	14
Trevor Mcalister	Ryde Harriers	M	SENIOR MENS	01:17:40	28	26	15
Rosanna Sexton		F	SENIOR LADIES	01:17:57	29	3	1
Graham Gardner	Ryde Harriers	M	VET 40 MENS	01:18:22	30	27	6
Steve Clack		M	SENIOR MENS	01:18:38	31	28	16
Steve Gratton		M	VET 60 MENS	01:19:33	32	29	3

Steve Bennett	Isle Of Wight Road Runners AC	M	VET 60 MENS	01:20:08	33	30	4
Richard Bezer	Isle Of Wight Road Runners AC	M	SENIOR MENS	01:20:11	34	31	17
Jodie Willmott	Isle Of Wight Road Runners AC	F	VET 35 LADIES	01:20:53	35	4	2
Mark Longford		M	SENIOR MENS	01:21:10	36	32	18
Nicola Thomas	Portsmouth Joggers Club	F	VET 35 LADIES	01:21:28	37	5	3
Joe Summers		M	VET 40 MENS	01:21:38	38	33	7
Julie King	Ryde Harriers	F	VET 45 LADIES	01:21:46	39	6	2
Darren Dollery	Isle Of Wight Road Runners AC	M	VET 50 MENS	01:22:05	40	34	5
Luke Jeffery		M	SENIOR MENS	01:22:07	41	35	19
Tim Keyte	Isle Of Wight Road Runners AC	M	VET 50 MENS	01:23:04	42	36	6
Kevin Rann	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:23:11	43	37	8
Brian Canning	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:23:42	44	38	9
Mark Holman		M	VET 40 MENS	01:23:43	45	39	10
Dave Cass	Isle Of Wight Road Runners AC	M	VET 50 MENS	01:24:03	46	40	7
Adam Holmes	Fleet & Crookham AC	M	VET 60 MENS	01:24:13	47	41	5
Diane Mattingly	Lordshill Road Runners Club	F	VET 45 LADIES	01:24:33	48	7	3
Andrew Hedgecox	Ryde Harriers	M	SENIOR MENS	01:24:42	49	42	20
Elaine Parry	Ryde Harriers	F	VET 45 LADIES	01:25:02	50	8	4
Simon Davis		M	VET 40 MENS	01:25:56	51	43	11
Mike Mattingly	Lordshill Road Runners Club	M	VET 60 MENS	01:26:34	52	44	6
Richard Bulmer	Wight Tri	M	VET 50 MENS	01:26:58	53	45	8
Lucy Doorly	Wight Tri	F	VET 35 LADIES	01:27:05	54	9	4
Claire Alchin		F	SENIOR LADIES	01:27:06	55	10	2
Roger Merry	Ryde Harriers	M	VET 60 MENS	01:27:48	56	46	7
Samantha Fancourt	Ryde Harriers	F	VET 35 LADIES	01:27:54	57	11	5
Loic Le Floch		M	VET 40 MENS	01:28:01	58	47	12
Martin Jackson	Wight Tri	M	VET 40 MENS	01:28:46	59	48	13
John Jenkins		M	SENIOR MENS	01:29:13	60	49	21
Michael Dignan	Ryde harriers	M	SENIOR MENS	01:29:21	61	50	22
Richard Oxford		M	SENIOR MENS	01:29:25	62	51	23
Antony Osborn		M	VET 40 MENS	01:29:37	63	52	14
Katherine Dean	Huncote Harriers	F	VET 35 LADIES	01:29:47	64	12	6
Zoe Sherwin	Isle Of Wight Road Runners AC	F	VET 35 LADIES	01:30:04	65	13	7
Sarah Ward	Isle of Wight Road Runners AC	F	VET 45 LADIES	01:30:04	65	13	5

Mariana Greenham		F	SENIOR LADIES	01:30:05	67	15	3
Simon Paul	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:30:08	68	53	15
Terry Hardy		M	VET 40 MENS	01:30:50	69	54	16
Emma Hunt		F	SENIOR LADIES	01:30:54	70	16	4
Kelly Snow		F	VET 45 LADIES	01:31:04	71	17	6
Sam Smith		M	SENIOR MENS	01:31:10	72	55	24
Julie Dixon	Isle Of Wight Road Runners AC	F	VET 35 LADIES	01:31:27	73	18	8
Giorgio Marinelli	Isle Of Wight Road Runners AC	M	SENIOR MENS	01:31:28	74	56	25
Craig Robins		M	VET 40 MENS	01:32:22	75	57	17
James Shoulder	Isle Of Wight Road Runners AC	M	SENIOR MENS	01:33:06	76	58	26
Luke Gifford		M	SENIOR MENS	01:33:08	77	59	27
James Cobb	South Derbyshire Road Runners	M	VET 40 MENS	01:33:10	78	60	18
Michael Cooper		M	SENIOR MENS	01:33:55	79	61	28
Paul Whyte	Fairlands Valley Spartans	M	VET 40 MENS	01:34:11	80	62	19
Natalie Rose	Ryde Harriers	F	SENIOR LADIES	01:34:15	81	19	5
Roy Young		M	VET 60 MENS	01:36:11	82	63	8
Lisa Robertson	Ryde Harriers	F	VET 45 LADIES	01:36:46	83	20	7
Andrew Leal	Ryde Harriers	M	VET 50 MENS	01:36:53	84	64	9
Lisa Upstell	Isle Of Wight Road Runners AC	F	VET 35 LADIES	01:37:16	85	21	9
Stephen Lee	Ryde Harriers	M	VET 70 MENS	01:37:21	86	65	1
Peter Dixon	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:38:00	87	66	20
Geoffrey Simmons	West Wight Road Runners	M	VET 60 MENS	01:38:43	88	67	9
Claire Angell	Ryde Harriers	F	VET 35 LADIES	01:39:10	89	22	10
James Stevens		M	SENIOR MENS	01:39:32	90	68	29
Catherine Young	Ryde Harriers	F	VET 35 LADIES	01:39:33	91	23	11
Graham Maddison	West Wight Road Runners	M	VET 60 MENS	01:40:23	92	69	10
Joanne Rees		F	VET 35 LADIES	01:40:45	93	24	12
Julia Parker	Isle Of Wight Road Runners AC	F	VET 45 LADIES	01:41:35	94	25	8
Andrew Wilkins		M	VET 60 MENS	01:41:46	95	70	11
Mel Armstrong		F	VET 35 LADIES	01:41:46	96	26	13
Matthew Wade	Isle Of Wight Road Runners AC	M	SENIOR MENS	01:43:27	97	71	30
Sophie Morgan		F	VET 35 LADIES	01:43:47	98	27	14
Dan Morgan	Wight Tri	M	SENIOR MENS	01:43:47	98	72	31
Helen Varcoe	Hook Runners	F	VET 45 LADIES	01:44:52	100	28	9

Allan Bridges		M	VET 40 MENS	01:45:15	101	73	21
Sue Wilkins		F	VET 55 LADIES	01:45:31	102	29	1
Rachel Reynard		F	VET 35 LADIES	01:45:38	103	30	15
Julie Rasmussen	Isle Of Wight Road Runners AC	F	VET 45 LADIES	01:45:46	104	31	10
Bianca Johnston	Isle Of Wight Road Runners AC	F	VET 35 LADIES	01:46:20	105	32	16
Deb Joy		F	VET 45 LADIES	01:46:22	106	33	11
Philip Carey		M	VET 40 MENS	01:46:32	107	74	22
Andrew Dorning	West Wight Road Runners	M	SENIOR MENS	01:46:32	108	75	32
Martin De Wied	Stubbington Green Runners & AC	M	VET 50 MENS	01:46:36	109	76	10
Robbie Mcfarlane		M	SENIOR MENS	01:47:34	110	77	33
Gary Mcfarlane		M	SENIOR MENS	01:47:55	111	78	34
Maria Isham		F	VET 35 LADIES	01:48:34	112	34	17
Fay Tosdevin	Isle Of Wight Road Runners AC	F	VET 55 LADIES	01:49:09	113	35	2
Peter Wheeler		M	SENIOR MENS	01:49:59	114	79	35
Deborah Ledicott		F	VET 35 LADIES	01:50:13	115	36	18
Sarah Probert	Ryde Harriers	F	VET 35 LADIES	01:50:17	116	37	19
Carolyn Ward	Ryde Harriers	F	VET 45 LADIES	01:50:28	117	38	12
Luis Cantu		M	SENIOR MENS	01:50:52	118	80	36
Simon Levrier	Ryde Harriers	M	VET 60 MENS	01:51:40	119	81	12
Sharon Cass		F	VET 35 LADIES	01:52:20	120	39	20
Emma Muffett		F	VET 35 LADIES	01:53:01	121	40	21
Maria Pragnell		F	SENIOR LADIES	01:53:35	122	41	6
Sarah Remnant		F	VET 45 LADIES	01:53:36	123	42	13
Chrissie Fennimore		F	VET 45 LADIES	01:53:36	123	42	13
Sarah Quigley		F	VET 45 LADIES	01:53:46	125	44	15
Beverly Capon		F	VET 45 LADIES	01:53:47	126	45	16
Sue Hunter	Isle Of Wight Road Runners AC	F	VET 55 LADIES	01:54:31	127	46	3
Sharon Moore		F	VET 35 LADIES	01:55:20	128	47	22
Nick Carter	Isle Of Wight Road Runners AC	M	VET 40 MENS	01:55:21	129	82	23
Deborah Bartholomew	West Wight Road Runners	F	VET 45 LADIES	01:55:56	130	48	17
Dean Spicer	Portsmouth Joggers Club	M	VET 50 MENS	01:57:27	131	83	11
Debbie Spicer	Portsmouth Joggers Club	F	VET 55 LADIES	01:57:28	132	49	4
Vicky Burley		F	VET 35 LADIES	01:58:08	133	50	23
Joanne Galloway		F	VET 45 LADIES	01:58:31	134	51	18

Cherry Owens	West Wight Road Runners	F	VET 65 LADIES	01:58:50	135	52	1
Brian Harris	Denmead Striders	M	VET 70 MENS	01:59:16	136	84	2
Talisha Moore		F	SENIOR LADIES	01:59:53	137	53	7
Tor Christian Ulvang		M	VET 40 MENS	02:00:50	138	85	24
Sertina Labree		F	VET 45 LADIES	02:00:50	138	54	19
Hayley Tutton	Ryde Harriers	F	VET 35 LADIES	02:04:06	140	55	24
Christine Armstrong	West Wight Road Runners	F	VET 55 LADIES	02:14:15	141	56	5
Amanda Stubbs		F	VET 35 LADIES	02:14:17	142	57	25
Lisa Taylor	West Wight Road Runners	F	VET 45 LADIES	02:14:19	143	58	20
Paul Stevens		M	VET 50 MENS	02:15:17	144	86	12
Lyn Snow	Isle Of Wight Road Runners AC	F	VET 55 LADIES	02:32:12	145	59	6