

Isle of Wight Road Runners Summer Series 2018

1st April Sunday	
2nd April Monday	3 Hills Easter Race
3rd April Tuesday	Track
5th April Thursday	4.5 Nominated (Committee Meeting)
7th April Saturday	
8th April Sunday	HRRL #9 Salisbury 10 / Manchester Marathon
10th April Tuesday	Track
12th April Thursday	Flat 30 mins out and back
14th April Saturday	
15th April Sunday	Brighton Marathon
17th April Tuesday	Track
19th April Thursday	5.5 Mile Nominated
21st April Saturday	
22nd April Sunday	London Marathon / Southampton 10K, Half & Marathon
24th April Tuesday	Track
26th April Thursday	Hill Reps
28th April Saturday	White Star Bad Cow Weekend
29th April Sunday	White Star Bad Cow Weekend

1st July Sunday	30th Anniversary Run & Social
3rd July Tuesday	Track
5th July Thursday	Buddy Run (Committee Meeting)
7th July Saturday	White Star Cider Frolic
8th July Sunday	Shide to Spyglass / Cider Frolic / Dash & Splash / Bembridge Trail
10th July Tuesday	Track
12th July Thursday	7 Mile Nominated
14th July Saturday	
15th July Sunday	
17th July Tuesday	Track
19th July Thursday	Away Day - Culver
21st July Saturday	
22nd July Sunday	St. George's 10
24th July Tuesday	Track
26th July Thursday	5K Series
28th July Saturday	White Star Dorset Invader
29th July Sunday	White Star Dorset Invader
31st July Tuesday	Track

1st May Tuesday	Track
3rd May Thursday	Cat & Mouse (Committee Meeting)
5th May Saturday	Isle of Wight Challenge
6th May Sunday	
8th May Tuesday	Track
10th May Thursday	6 Mile Nominated
12th May Saturday	White Star Ox Races
13th May Sunday	HRRL #10 Alton 10 / Walk the Wight / Lymington 10K / Ox Races
15th May Tuesday	Track
17th May Thursday	Away Day to Yarmouth
19th May Saturday	
20th May Sunday	HRRL #11 Netley 10K
22nd May Tuesday	Track
24th May Thursday	10K Buddy Run
26th May Saturday	
27th May Sunday	Dorchester Half & Marathon
29th May Tuesday	Track
31st May Thursday	5K Series

2nd August Thursday	Fartlek Session (Committee Meeting)
4th August Saturday	
5th August Sunday	
7th August Tuesday	Track
9th August Thursday	6 Mile Nominated
11th August Saturday	
12th August Sunday	Salisbury 54321
14th August Tuesday	Track
16th August Thursday	Brightstone Away Day
18th August Saturday	
19th August Sunday	IOW Half Marathon
21st August Tuesday	Track
23rd August Thursday	5 Mile Nominated
25th August Saturday	White Star - East Farm Frolic
26th August Sunday	White Star - East Farm Frolic
28th August Tuesday	Track
30th August Thursday	5K Series

2nd June Saturday	South Downs Relay
3rd June Sunday	Needles Half & Marathon
5th June Tuesday	Track
7th June Thursday	Girls Vs Boys (Committee Meeting)
9th June Saturday	Round the Island Relay
10th June Sunday	
12th June Tuesday	Track
14th June Thursday	Club 10K
16th June Saturday	
17th June Sunday	HRRL #8 Eastleigh 10K
19th June Tuesday	Track
21st June Thursday	Away Day - Carisbrooke Trail Run
23rd June Saturday	
24th June Sunday	HRRL #12 Lordshill 10K / Brading 10K
26th June Tuesday	Track
28th June Thursday	6.5 Nominated
30th June Saturday	

1st September Saturday	
2nd September Sunday	HRRL #1 Overton
4th September Tuesday	Track
6th September Thursday	4.5 Mile Nominated (Committee Meeting)
8th September Saturday	
9th September Sunday	NF Away Day
11th September Tuesday	Track
13th September Thursday	5 Mile Handicap Race
15th September Saturday	
16th September Sunday	Fell Races / WW Tri
18th September Tuesday	Track
20th September Thursday	5K Series
22nd September Saturday	North to South
23rd September Sunday	HRRL #2 Solent Half
25th September Tuesday	Track
27th September Thursday	Cat & Mouse
29th September Saturday	Queensgate 10
30th September Sunday	